



Local Provider.
Endless Possibilities.

RANDOLPH
CONNECTION

HOW TO PROTECT YOUR CHILD FROM HARMFUL CONTENT



Parental controls are valuable tools since they empower you to manage your children's internet usage at home. You can prevent exposure to potentially dangerous or inappropriate content, set limits on when each child can be online and for how many hours.

While the specific parental control features and capabilities will vary somewhat from router to router, you'll likely be able to do the following:

FILTER WEBSITE CONTENT

Filtering enables you to restrict or blacklist certain types of websites that aren't suitable for children. Some systems have an on/off switch that blocks adult content, while others have age-based controls (for child, pre-teen, teen, or adult) or allow you to block certain types of content based on topics and keywords.

GROUP DEVICES

Many routers allow parents to group devices by users. For example, you could schedule Wi-Fi shutoff for a younger child's smartphone and tablet on weeknights at 7:30 p.m., turn off your teen's desktop and gaming console at 9:30 p.m., and keep your own connection active at all times.

LIMIT SCREEN TIME

Using your router's scheduling feature, you can curb the amount of screen time available for your

children by restricting usage and creating internet breaks for activities such as homework, chores, and dinnertime. You can also schedule a time to shut off internet access on school nights and a different time for weekends.

PAUSE WI-FI

Another commonly available option is to pause Wi-Fi for a child, outside of the normal schedule, should distractions need to be kept to a minimum for any reason. You may be able to sync your router with a virtual assistant such as Siri and just say, "Siri, pause Tommy's Wi-Fi."

REVIEW REPORTS

Want to know the sites your children visit and how long they spend on each? Today's routers typically give parents access to these types of detailed reports.

Randolph Communications offers **ExperienceIQ**, which can help protect your children from negative online experiences and keep them on task.



Scan the QR code or visit
www.rtmc.net/myhomewifi,
or call 336-879-5684
to learn more!

NEED HELP PAYING YOUR PHONE BILL?

Lifeline is a federal assistance program that provides a monthly discount on telephone or broadband service to qualified low-income residents. Lifeline is designed to ensure that telephone service remains affordable to all North Carolina residents. The Lifeline assistance program provides a \$9.25 discount for those with internet service of 25x3Mbps or higher, or, a \$5.25 discount for those with basic phone, or a basic phone with below minimum broadband standards. You may qualify for Lifeline if your total household income is at, or below 135% of the federal poverty guidelines; or if you, your dependent, or your household receives one of the following:

- Medicaid
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance (FPHA)
- Supplemental Nutrition Assistance Program (SNAP) (Food Stamps)
- Veterans Pension or Survivors Benefit Programs

- Tribal-specific programs: Bureau of Indian Affairs (BIA)
- General Assistance, Tribally-Administered Temporary
- Assistance for Needy Families (Tribal TANF)
- Food Distribution Program on Indian Reservations (FDPIR)
- Tribal Head Start (only households that meet the income qualifying standards).

Lifeline is available on either internet service (home or wireless) or phone service (home or wireless), but not both. You may not transfer your Lifeline discount to another person, even if he or she qualifies for Lifeline. If you believe you qualify for Lifeline, go to lifelinesupport.org to get qualified under the National Verifier, then contact us after you are qualified. Please note that you must enroll in Lifeline service and you must provide proof of eligibility before receiving support.

* Also available is the Affordable Connectivity Program. Visit www.rmc.net/internet for more information.

HIGH SCHOOL SENIORS ELIGIBLE FOR \$1,000 SCHOLARSHIPS

IT IS NEVER TOO EARLY TO APPLY

WHO CAN APPLY?

High School seniors who live in a household served by Randolph Communications can apply for the scholarship. Randolph Communications will award up to eight scholarships, each in the amount of \$1,000. There will be one scholarship awarded in each of our seven member regions, and one available in our non-member areas; however, if applicants do not qualify then no scholarship will be awarded in that region. This decision is at the discretion of the scholarship committee. The scholarship committee reserves the right to award that funding to another deserving applicant.

HOW ARE APPLICANTS JUDGED?

The scholarship committee evaluates applicants on leadership in school participation, civic and other extracurricular activities, academic achievement, character, and the motivation to serve and succeed.

HOW DO I APPLY?

Scholarship applications for students graduating in 2024 are available at www.frs.org/programs/youth-programs/scholarships, or obtained from the school Guidance Counselor.

Deadline is April 8, 2024.



FRS SCHOLARSHIP PROGRAM

The Foundation for Rural Service (FRS) offers an annual college scholarship program to help further higher education among rural youth. FRS awards scholarships to students from rural America for their first year of college, university or vocational-technical school. The FRS College Scholarship Program seeks to encourage students to return to their rural communities upon completing their education. To apply, go to www.FRS.org/scholarships

Deadline is February 16, 2024.

RANDOLPH COMMUNICATIONS DONATES TO LOCAL FOOD BANKS

Randolph Communications held their seventh annual Food Harvest Drive during the months of October and November, collecting non-perishable food items at their two offices located in Asheboro and Liberty. All donations received for the Food Harvest Drive were matched by Randolph Communications, which totaled 4,678 non-perishable items. All items were donated to nine local food banks in their service areas.

- Bennett School, Bennett, NC
- Christians United Incorporated of Southern Randolph County, Seagrove, NC
- CUOC of Randolph County, Asheboro, NC
- High Falls Area Food Pantry, Robbins, NC
- Liberty Association of Churches, Liberty, NC
- Lydia's Place, Asheboro, NC
- Communities In Schools of Randolph County, Asheboro, NC
- Robbins Area Christian Ministries Food Pantry, Robbins, NC
- West Chatham Food Pantry, Siler City, NC

Randolph Communications partnered with Lowes Foods for two weeks in October, who then set up a donation box at their Asheboro location so that customers could donate at checkout. Companies such as Pinnacle Financial Partners, Movement Bank, First Bank of Asheboro and Pittsboro, Fidelity Bank of Liberty, Walmart, Central Bakery, Four Saints Brewing Company, Tannin' Up, Stonetree Signs, Xtreme Nutrition, Integrity Mortgage, Pip Printing and Luxe 405 Hair Studio all showed support to the food drive by setting up donation boxes in their businesses.

Our company's mission is to improve the lives of our customers and communities; so, giving back to the areas we serve means so much to Randolph Communications. Thank you to those individuals and businesses that helped make a difference in our community.

"We are very appreciative of Randolph Communications bringing donations each year. It always comes at the right time when our shelves are low"

-Kathy Martindale
of Robbins Area Christian Ministries



COMING SOON

NUMERA HOME SAFETY HUB COMPLETE AGING IN PLACE SOLUTION

- ✓ Connectivity Hub: connects wireless with 2GIG® home sensors, and personal emergency wearables
- ✓ Connected Care: delivers user and environmental data to a user's family and care team
- ✓ Peace of Mind: automatic fall detection to provide 24x7 support even when nobody is around
- ✓ Versatile: the PERS-4200X console can be used standalone or with a 4G LTE cellular module



Lease for \$19.95/mo

Additional pendant \$3.00/mo



**BE ON THE
LOOKOUT FOR YOUR
2024 DIRECTORY
IN YOUR MAILBOX!**

Ring in the New Year with this Explosive Deal!



Check out our
New Unlimited Plan for

Only \$30 /mo.

Restrictions may apply.

PAY ONLINE



<https://rtmc.smarthub.coop>

PAY BY PHONE



855-382-9920

DATES TO REMEMBER

February 16 - FRS Scholarship Due

Randolph Telephone Membership Corp. was established in 1954 as a member-owned cooperative now serving eight exchanges in seven different counties. Randolph Telephone provides complete communication services such as local telephone access, business telephone systems, high-speed internet, security, camera surveillance, computer services, web hosting and design and wireless services through its affiliate Randolph Communications.



www.rtmc.net

Closed for lunch from 1:30-2:00pm

8:30am-5:00pm

Monday-Friday

Liberty, NC 27298

211 West Swannanoa Ave

Liberty

Drive Thru Hours: 8:00am to 5:30pm

Office Hours: 8:00am to 5:00pm

Monday-Friday

Ashboro, NC 27203

317 East Dixie Drive

Headquarters

Tech Support: (336) 879-5681

Fax: (336) 879-2100

Phone: (336) 879-5684
(336) 622-7900



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